

			KS3
week/class			Y7
Autumn 1	WEEK 1	Sept	Establishing routines in form class
	WEEK 2		Democracy+ student leader elections
	WEEK 3		Transition to secondary school- setting goals
	WEEK 4		Fixed and growth mindset
	WEEK 5	Oct	Beginning and growing friendships
	WEEK 6		Developing studying skills
	WEEK 7		Attitude to learning
Autumn 2	WEEK 8	Nov	Healthy lifestyles
	WEEK 9		Impact on others
	WEEK 10		Employability skills
	WEEK 11		Sectors of jobs and skills
	WEEK 12	Dec	Career, aspirations and motivation
	WEEK 13		Budgeting
	WEEK 14		
Winter	WEEK 15	Jan	Diversity, rights and responsibilities in the community
	WEEK 16		
	WEEK 17		Prejudice and discrimination
	WEEK 18	Feb	Bullying
	WEEK 19		Digital footprint
	WEEK 20		Online safety
Spring	WEEK 21	Mar	Resilience and confidence
	WEEK 22		Risks from substance use
	WEEK 23		Laws on tobacco and alcohol
	WEEK 24		Managing peer influence
	WEEK 25	Apr	Puberty changes and hygiene
	WEEK 26		
	WEEK 27		Personal body boundaries
	WEEK 28		
Summer	WEEK 29	May	Physical health
	WEEK 30		Positive values in relationships
	WEEK 31		Friendship and romantic relationships
	WEEK 32		Parents and family life
	WEEK 33	June	Social Skills Online
	WEEK 34		Positive relationships
	WEEK 35		conflict resolution in relationships